

NHS Wales Resources DNACPR and Advance & Future Care Planning

Co-produced with NHS Wales Executive, Advance & Future Care Planning Strategy Group, Compassionate Cymru and other partners regarding Do Not Attempt CPR, Advance & Future Care Planning and Treatment Escalation Plans

Compiled by Mark Taubert, Chair of Advance & Future Care Planning strategy Group NHS Wales, May 2023

Key NHS Wales Sites to bookmark and disseminate:

- All Wales NHS Executive DNACPR site: incl. policy, updates, videos and information leaflets including easy read versions and Sign language resources www.wales.nhs.uk/dnacpr and also in [Welsh language](#)
- All Wales NHS Executive Advance and Future Care Planning forms, policies, communication guides www.wales.nhs.uk/afcp (includes all Wales ADRT, All Wales Future Care Plan Form, All Wales TEP)
- [TalkCPR website](#) Do Not Attempt Cardiopulmonary Resuscitation decisions in palliative care www.talkcpr.com The videos include a real patient/doctor DNACPR clinic conversation
- TalkCPR website in [Welsh](#). Nod SIARAD AM CPR yw annog pobl i siarad am Adfywio'r Galon a'r Ysgyfaint (CPR) ar gyfer pobl yr effeithir arnynt gan salwch lliniarol, sy'n cyfyngu bywydau. Mae Peidiwch â Dechrau Adfywio'r Galon a'r Ysgyfaint (DNACPR) yn rhan bwysig o gynllunio gofal ymlaen llaw, a gall helpu i leihau gofid yn ddiweddarach.
- [Advance Care Planning website](#) for NHS Wales patients, carers and professionals - an online area with videos ad explainers outlining concepts and definitions, and highlight best practice examples from all over Wales
- Welsh Ambulance '[Message in a Bottle](#)' advance care planning scheme
- Older People's Commissioners Advance Care Planning [Resources](#) including DNACPR information

Learning Modules & Podcasts:

- British Medical Journal [Doctor Informed](#) Podcast – DNACPR in Wales & England
- Health Education in Wales CPD On Demand Module '[DNACPR and Advance Care Planning in Wales](#)'
- NHS Wales ESR Module: [National DNACPR Policy for Wales](#)
- Learning@Wales Module for staff with no access to ESR: [National DNACPR Policy For Wales](#) (you have to be logged in to Learning Wales to access this)
- RCGP "[An introduction to Advance & Future Care Planning & latest DNACPR Wales policy](#)"
- Compassionate Cymru: [What Matters Most Conversations and planning for the future](#)

- Podcast: 'DNACPR and Advance Care Planning- legal aspects'
Palliative care consultant Mark Taubert and leading mental capacity act barrister Alex Ruck Keen in conversation
- Johns Hopkins School of Medicine, Baltimore, USA: Closler Teaching Resource on "Breaking Bad News via video consultation during Covid-19"
- E-Learning for Healthcare Module NHS e-portal: "A unified DNACPR policy"
- Daffodil Standards resources for primary care
- Care Conversations with GL Law: Palliative Care, Advance Care Planning and the law (NHS Wales)
- Palliative Care for People with Learning Disabilities (PCPLD) 2021 Conference: DNACPR & Advance Care Planning (from 11 minutes onward in the video for NHS Wales presentation)
- Getting it Right: the law in Wales & England on DNACPR and Advance Care Planning, a seminar with barrister Alex Ruck-Keene
- E-ELCA learning module/CPD on Do Not Attempt CPR communication skills
- E-Learning for Health e-LfH portal module on Discussing Unwelcome News and Ceilings of Treatment Conversations with Dr Kathryn Mannix and Mark Taubert
- Royal College of Physicians: Pandemic Palliation and the RCP 'Talking about Dying' Report
- ListenNote Podcasts: Several audio Podcasts on Advance Care Planning, legal aspects of DNACPR/ACP and digital innovation in palliative care
- RCGP & Partners EOLC Group 'What Matters Most Charter' and education resources
- Bevan Commission Delivering Unwelcome News Article
- Concepts around Advance Care Planning, Future Care Planning and DNACPR in NHS Wales (40 minute tutorial): <https://youtu.be/IEaDMMCrqvE>

Wales Advance & Future Care Planning News and Media Items:

- Guardian Newspaper article on varying CPR success rates, and the Talk CPR Wales scheme
- Al Jazeera News Opinion Article on DNACPR in Wales, barriers and facilitators, including working within Islamic law and fatwas.
- Telegraph article on Pandemic Palliative Care
- Metro Newspaper Article
- BBC authored article on Pandemic Communication
- Huffington Post War & Peace in Cancer
- BBC authored article on prognostication and end of life care
- BBC Radio 4 We Need to Talk About Death
- BMJ Supportive & Palliative Care: An outline business case for a central electronic advance & future care plan repository for Wales

NHS Wales co-produced peer-reviewed resources:

- Do not attempt cardiopulmonary resuscitation decisions (DNACPR) – Policy approaches in Wales. 2023 Clinics in Integrated Care 19 , 100149. [10.1016/j.intcar.2023.100149](https://doi.org/10.1016/j.intcar.2023.100149).

- Seeking excellence in end-of-life care (SEECare UK): A UK multi-centred service evaluation 2023. *BMJ Supportive & Palliative Care.* , vol.13 (S3) [10.1136/spcare-2023-PCC.6](https://doi.org/10.1136/spcare-2023-PCC.6)
- Advance and future care planning: strategic approaches in Wales. 2022 *BMJ Supportive & Palliative Care* [10.1136/bmjspcare-2021-003498](https://doi.org/10.1136/bmjspcare-2021-003498)
- Advance care planning re-imagined: a needed shift for COVID times and beyond. *Palliative Care and Social Practice* 14 [10.1177/2632352420934491](https://doi.org/10.1177/2632352420934491)
- Talk CPR - a technology project to improve communication in do not attempt cardiopulmonary resuscitation decisions in palliative illness. *BMC Palliative Care* 17 ,118. [10.1186/s12904-018-0370-9](https://doi.org/10.1186/s12904-018-0370-9)
- Sadness, despair and anger when a patient dies alone from COVID-19: A thematic content analysis of Twitter data from bereaved family members and friends. *Palliative Medicine* 35 (7) , pp. 1267-1276. [10.1177/02692163211017026](https://doi.org/10.1177/02692163211017026)
- Advance care planning and clinical decision-making. *Medicine* 50 (12) , pp. 813-816. [10.1016/j.mpmed.2022.09.013](https://doi.org/10.1016/j.mpmed.2022.09.013)
- Advance care planning: the future. *BMJ Supportive and Palliative Care* 11 , pp. 89-91. [10.1136/bmjspcare-2020-002304](https://doi.org/10.1136/bmjspcare-2020-002304)
- 'Do not attempt CPR' and the concept of harm. *Medicine* 48 (10) , pp. 651-652. [10.1016/j.mpmed.2020.07.016](https://doi.org/10.1016/j.mpmed.2020.07.016)
- 'Twitter helped me decide that I'm not for resuscitation.' - What Your Patient is Thinking *British Medical Journal* 362 , k2784. [10.1136/bmj.k2784](https://doi.org/10.1136/bmj.k2784)
- Discussing 'Do not attempt cardiopulmonary resuscitation' decisions with patients. *Medicine* 44 (10) , pp. 602-606. [10.1016/j.mpmed.2016.07.004](https://doi.org/10.1016/j.mpmed.2016.07.004)
- Cardiopulmonary resuscitation is leading a double life: are we giving it an alibi? [Editorial]. *British Journal of Hospital Medicine* 80 (2) , pp. 64-65. [10.12968/hmed.2019.80.2.64](https://doi.org/10.12968/hmed.2019.80.2.64)
- Yes, doctors need to talk about dying, but what if patients start the conversation? *British Medical Journal (BMJ)* 363 (8175) , k4648. [10.1136/bmj.k4648](https://doi.org/10.1136/bmj.k4648)
- Peer-reviewed NHS Wales [quality improvement project](#) (2023) evaluating written DNACPR forms in two stages. What helped improve written communication?