

The Aspetar COVID-19 Evidence for Athletes Service

1

Athlete Questions



LINK

We asked (and continue to ask) athletes and coaches what they want to know about the covid-19 disease and pandemic.

- Catalogue
- Rephrase
- Review
- Answer
- Translate



2

Educational Material



LINK

The specialist teams at Aspetar submit their material (infographic, video-script, leaflets and blogs) to the evidence team for review and feedback (checking evidence-base, clarity and accessibility). External collaborators also contribute education material.

Marketing Department
"What athletes should do about coronavirus (covid-19)"



3

Scientific Repository



LINK

Scientific information relevant to sports practitioners, athletes and coaches is identified, assessed and linked to the website to facilitate its access.

Evidence Aid "The COVID-19 (Coronavirus) pandemic is leading to a rapidly expanding and evolving literature. Evidence Aid is preparing summaries of relevant research, which are available below in English with links to translations in other languages. A 'NEW' flag will appear on each review as it is added and remain for 48-72 hours."

4

Important Resources



LINK

Important resources include institutional websites where it is possible to receive generic guidance and daily updates on the situation worldwide and in specific countries.

Public Health Institutions	Academic Institutions	Sports Organisations and Scientific Repositories
World Health Organisation	The Centre for Evidence-Based Medicine at the University of Oxford	Evidence Aid NEJM
Qatar Ministry of Public Health		BMJ The Lancet

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Athletes' stories



LINK

This part of the portal collects stories from athletes and we have included a dedicated email address for athletes to reach out and share their stories.



COVID19EvidenceForAthletes@aspetar.com

6

Repository of Local and International News



LINK

We provide a repository of relevant local and international covid-19 news relevant to athletes in this section.

7

IOC Medical COVID-19 Hub



LINK

A repository of scientific advice, communications, links and relevant information that is gathered and provided by our colleagues in IOC Research Centres, Academic Sport Medicine Institutions, NOCs, IFs, and general sports medicine.