The Aspetar COVID-19 Evidence for Athletes Service

1. **Athlete Questions**
   - We asked (and continue to ask) athletes and coaches what they want to know about the covid-19 disease and pandemic.

2. **Educational Material**
   - The specialist teams at Aspetar submit their material (infographic, video-script, leaflets and blogs) to the evidence team for review and feedback (checking evidence-base, clarity and accessibility). External collaborators also contribute educational material.

3. **Scientific Papers**
   - Scientific information relevant to sports practitioners, athletes and coaches is identified, assessed and linked to the website to facilitate its access.

4. **Important Resources**
   - Important resources include institutional websites where it is possible to receive generic guidance and daily updates on the situation worldwide and in specific countries.

5. **Athletes’ stories**
   - This part of the portal collects stories from athletes and we have included a dedicated email address for athletes to reach out and share their stories.

6. **Repository of Local and International News**
   - We provide a repository of relevant local and international covid-19 news relevant to athletes in this section.

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**Marketing Department**

- **“What athletes should do about coronavirus (covid-19)”**

**Evidence Aid**

- “The COVID-19 (Coronavirus) pandemic is leading to a rapidly expanding and evolving literature. Evidence Aid is preparing summaries of relevant research, which are available below in English with links to translations in other languages. A ‘NEW’ flag will appear on each review as it is added and remain for 48-72 hours.”

**Public Health Institutions**
- World Health Organisation
- Qatar Ministry of Public Health

**Academic Institutions**
- The Centre for Evidence-Based Medicine at the University of Oxford
- NEJM
- BMJ
- The Lancet

**Sports Organisations and Scientific Repositories**
- Evidence Aid
- Evidence Aid
- NEJM
- BMJ
- The Lancet

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**What athletes should do about coronavirus (covid-19)**

**EXAMPLE VIDEO**

**COVID19EvidenceForAthletes@aspetar.com**