

The Aspetar COVID-19 Evidence for Athletes Service

1

Athlete Questions



We asked (and continue to ask) athletes and coaches what they want to know about the covid-19 disease and pandemic.

[LINK](#)

- Catalogue
- Rephrase
- Review
- Answer
- Translate



2

Educational Material



The specialist teams at Aspetar submit their material (infographic, video-script, leaflets and blogs) to the evidence team for review and feedback (checking evidence-base, clarity and accessibility). External collaborators also contribute education material.

[LINK](#)

Marketing Department
"What athletes should do about coronavirus (covid-19)"



[EXAMPLE VIDEO](#)

3

Scientific Papers



Scientific information relevant to sports practitioners, athletes and coaches is identified, assessed and linked to the website to facilitate its access.

[LINK](#)

Evidence Aid "The COVID-19 (Coronavirus) pandemic is leading to a rapidly expanding and evolving literature. Evidence Aid is preparing summaries of relevant research, which are available below in English with links to translations in other languages. A 'NEW' flag will appear on each review as it is added and remain for 48-72 hours."

4

Important Resources



Important resources include institutional websites where it is possible to receive generic guidance and daily updates on the situation worldwide and in specific countries.

[LINK](#)

Public Health Institutions	Academic Institutions	Sports Organisations and Scientific Repositories
World Health Organisation Qatar Ministry of Public Health	The Centre for Evidence-Based Medicine at the University of Oxford	Evidence Aid NEJM BMJ The Lancet

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Athletes' stories



This part of the portal collects stories from athletes and we have included a dedicated email address for athletes to reach out and share their stories.

[LINK](#)



COVID19EvidenceForAthletes@aspetar.com

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Repository of Local and International News



We provide a repository of relevant local and international covid-19 news relevant to athletes in this section.

[LINK](#)