“Hamstrings in the Fast Lane”

7 December, 2018 - Chandos House, London

The next meeting in the not-for-profit MedEduCare SEMS Education series is all set to run in London on Friday, 7th December, 2018. The programme content and faculty have been developed in conjunction with Dr Noel Pollock, Chief Medical Officer for British Athletics and our Series Medical Director, Professor Nicola Maffulli.

Dr Pollock will co-chair a faculty specialising in current hamstring issues and management. If this is an area of interest in your current practice please book early as we expect the meeting to be fully subscribed.

0800 Registration, Refreshments and Commercial Exhibition
0850 Meeting Welcome  Professor Nicola Maffulli
0900 Hamstring injuries: a scourge of modern sports activities  Dr Carl Askling
0930 Hamstring injury prevention and management in British Athletics  Dr Noel Pollock
1000 Clinical diagnosis: still the gold standard  Dr Anne van der Made
1030 Refreshments and exhibition viewing
1100 Imaging  Dr Justin Lee
1130 Hamstring injuries: a neural component?  Professor Nick Webborn
1200 Be prepared to cut  Professor Nicola Maffulli
1230 Roundtable discussion
1300 Lunch and exhibition viewing
1400 Advanced rehabilitation techniques  Dr Carl Askling
1430 Hamstring Injury Rehabilitation in British Athletics: is classification helpful?  Mr Shane Kelly
1500 THE JOHN B KING MEMORIAL LECTURE  EILP – not just shin splints and compartment syndrome  Dr Nat Padhiar
1530 Refreshments and exhibition viewing
1600 Hamstring Injury prevention in football  Mr Robin Sadler
1630 Hamstring Injury Management at Arsenal FC  Dr Gary O’Driscoll
1700 Hamstrung! Do the words that we use with athletes help or hinder recovery?  Mr Mike Stewart
1730 Roundtable discussion
1800 Meeting Close  Professor Nicola Maffulli

Earlybird bookings are highly advised at a rate of £160 for the full day, including refreshments and hot lunch. Standard rates of £190 will apply after 31st October, 2018.

Booking forms are available from barryghill@hotmail.com or through the website www.mededucare.com where further information is also available.

Enquiries: sportsmed@mededucare.com