

Gait analysis assessment sheet:

Analyse back and side views, use this sheet to document some of your findings;

Patient name:

Date:

Running Speed:

1. Systematic top down assessment of kinematics (movement patterns):

2. Assess specific factors

- Foot strike and transition
- Stride length
- Stride width
- Step rate

What are your main findings and how do they relate to this patient's pain and pathology?

Could gait re-education help?

What are your goals for gait re-ed?

How might you achieve these goals?

- What drills?
- What internal cues?
- What external cues?